**Notes on Genesis Chapter 7 Rescue and Disaster 创世记第 7 章注释 救援与灾难**

Noah obeyed God’s command. 挪亚听从了神的命令。

God preserved 7 pairs of all breathing animals and birds. 上帝保存了 7 对所有会呼吸的动物和鸟类。

Noah obeyed God absolutely. Noah walked with God. 挪亚绝对顺服神。 挪亚与神同行。

Fountains of the deep, windows of heaven opened with 40 days and nights. 深渊之泉，天窗开启四十昼夜。

The Flood covered the highest mountain which was 22 ft under water. 洪水覆盖了水下 22 英尺的最高山峰。

All other living things perished except those in the Ark. 除了方舟里的，所有其他的生物都灭亡了。

Extensive fossil evidences. A plesiosaur giving birth was fossilized. 广泛的化石证据。 一只正在分娩的胸甲龙被化石化了。

Millions of tons of fossils in all continents. 数百万吨化石遍布各大洲。

Marine fossils are most abundant. 海洋化石最为丰富。

Mount Himalayas was under water. Strata and marine fossils were found up there. 喜马拉雅山在水下。 在那里发现了地层和海洋化石。

The Flood lasted 150 days. 洪水持续了 150 天。

Over 120 cultures have flood legends. The Bible record is most accurate. 超过 120 种文化都有洪水传说。 圣经的记载是最准确的。

Noah accomplished God’s plan in spite of opposition and ridicules. 挪亚不顾反对和嘲笑，完成了神的计划。

**Applications:**  **应用：**

We must obey what God says in the Bible. 我们必须遵守上帝在圣经中所说的话。

Pray for forgiveness and cleansing every day. 每天祈求宽恕和洁净。

We must learn to forgive those who scorn us. 我们必须学会原谅那些蔑视我们的人。

Learn how to walk with God every day. 每天学习如何与神同行。

Spread the good news to our relatives, friends, and neighbors. 向我们的亲戚、朋友和邻居传播好消息。